



VANDERBILT
Catering and Events



BREAKS

V – VEGETARIAN
V+ – VEGAN
GF – GLUTEN FRIENDLY

BREAKS

ELEVATED SWEET & SALTY BREAK

\$17.50

- Fresh Sliced Fruit & Cheese
crackers
- House Made Herb Roasted Mixed Nuts
- Super Food Brownies - V+/GF
dates, assorted nuts, cacao powder, peanut butter
- Cucumber Lemon Infused Water
- Fruit Tea

COFFEE HOUSE

\$7.50

- Beignet & Berries
raspberry jam, vanilla creme anglaise, nutella, strawberries, blackberries, blueberries, powdered sugar, cinnamon sugar
- Strawberry Lemonade Smoothie Shooters - V/GF
chia seeds, lemon zest
- Espresso Brown Sugar Overnight Oats - V+
espresso-soaked oats, brown sugar

PROTEIN BREAK

\$6.50

- Sliced Apples & Pears
sunflower butter, peanut butter, nutella
- Vanilla Chia Pudding - V+/GF
coconut yogurt, fresh berries
- Assorted Kind Bars

AFTERNOON PROTEIN HOUR

\$6.50

- Toasted & Roasted
roasted edamame, roasted chickpeas, roasted pumpkin seeds, spiced cashews, mustard almonds, pistachios
- Peanut Butter Protein Bars
- Chocolate Sunflower Butter Banana Smoothie



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TAPAS BOWLS

\$7.50

- Crispy Chickpea, Roasted Kale & Cauliflower - V+/GF
creamy tahini sauce, red onions, english cucumbers, sesame seeds
- Hummus & Crispy Vegetables - V+/GF
radish chips, heirloom carrots, summer squash, edamame hummus, sesame oil drizzle
- Burrata & Heirloom Tomatoes - V
marinated shallots, baby tomatoes, smashed burrata, basil oil, balsamic glaze, fresh basil, black lava salt, herb baked focaccia

PINWHEELS

\$6.50

- Assorted Cheese Platter
berries, grapes, crackers
- Hummus Pinwheels - V+
parsnip hummus, cucumber & sundried tomatoes, kale, heirloom carrots, golden raisins
- Rainbow Vegetable Pinwheels - V+
sriracha hummus, purple cabbage, red pepper, carrots, spinach, yellow squash
- Italian Pinwheel
salami, capicola, lettuce, onion, tomato, herby cream cheese spread

BUILD YOUR OWN TRAIL MIX BAR

\$7.50

CHOOSE THREE OF EACH

Nuts & Seeds
*toasted almonds
spiced peanuts
rosemary walnuts
sunflower seeds
pumpkin seeds*

Fruits
*golden raisins
apricots
cranberries
dried cherries
dried blueberries
dried mango*

Sweet & Salty
*toasted coconut flakes
M&Ms
chocolate chips
white chocolate
butterscotch
chex
pretzels
popcorn*

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